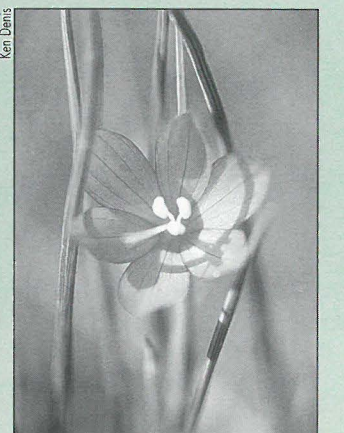
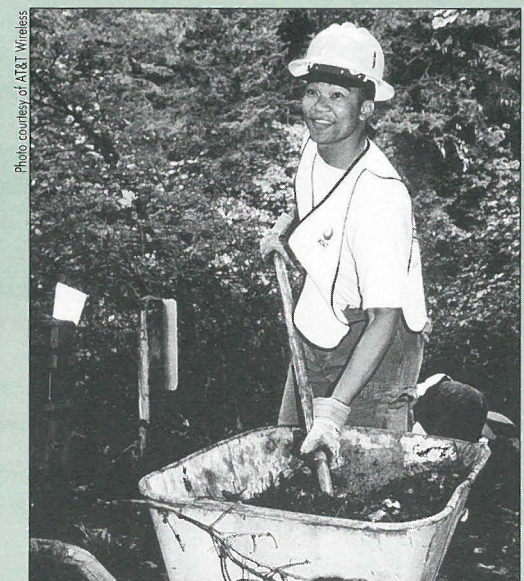
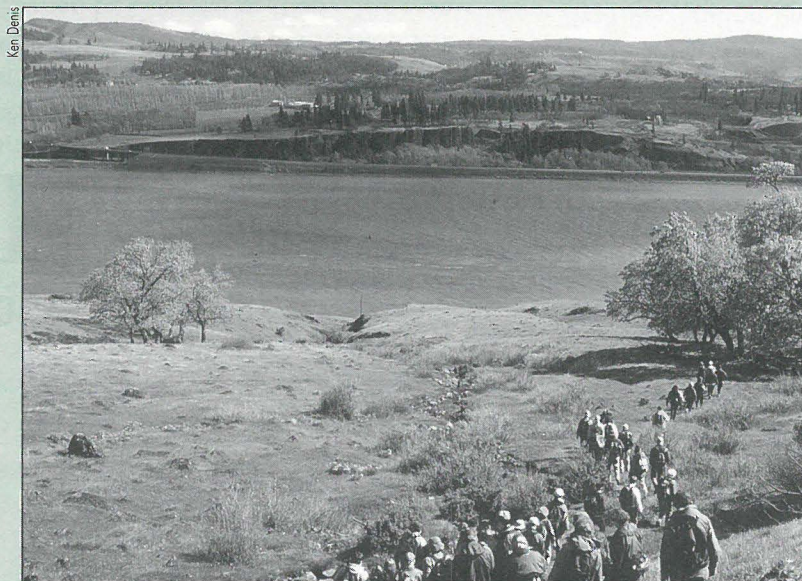


Friends of the Columbia Gorge
P.O. Box 40820
Portland, Oregon 97240-0820

FRIENDS OF THE COLUMBIA GORGE

10th Anniversary of the Columbia Gorge National Scenic Area

GORGE APPRECIATION WEEK



trail restoration
hiking and more...

10th Anniversary of the Columbia Gorge National Scenic Area
GORGE APPRECIATION WEEK

June 10 - 16, 1996

10th Anniversary

The 10th Anniversary of the Columbia Gorge National Scenic Area marks the passage of the Columbia River Gorge National Scenic Area Act. Working with a broad coalition of citizens and businesses in Oregon and Washington, Friends of the Columbia Gorge paved the way for passage of this landmark legislation by Congress in 1986. The Scenic Area protects and enhances the scenic beauty, natural and cultural heritage, and recreational opportunities in the Gorge, and supports economic development in Gorge communities.

The Columbia Gorge gives us:

- Native wildflowers and wildlife — including *Doi* found nowhere else in the world
- A rich cultural history with more than 10,000 years of tribal life
- Lewis & Clark, the Oregon Trail, and the historic Columbia River Highway
- Unmatched recreational opportunities — hiking, windsurfing, kayaking, bicycling and more
- Rural heritage including working farms and forests
- Spectacular pinnacles, cliffs, waterfalls, and wildflower meadows

Join us in giving back to the Gorge:

- Restore trails and parks damaged by recent winter floods and landslides, with supervision by the U.S. Forest Service, Oregon Parks and Recreation, and Washington State Parks
- Plant native vegetation to restore Multnomah Falls Trail
- Help restore Mirror Lake, one of the largest wetlands in the Columbia Gorge
- Create a butterfly garden at Rooster Rock State Park
- Cleanup Gorge roadsides and illegal dumpsites in Gorge backwoods

Prior sign-up is required. Please reserve your place by Monday, June 3, 1996. See information on how to reserve your spot (see box).

Project Sites:

Trail Restoration Projects

- Gorge Trail 400
- Hamilton Mountain Trail
- Latourell Falls Trail
- Viento State Park

Flood & Debris Cleanup

- Rooster Rock State Park
- St. Cloud Park, Washington
- Viento State Park

Illegal Dump/Highway Cleanups

- Adopt-A-Highway Litter Pickup - 6/15
- Gorge Cleanup with SOLV - 6/15

Native Plant Restoration

- Bridal Veil State Park - ivy removal
- Dabney State Park - ivy removal
- Multnomah Falls Trail - revegetation
- Rooster Rock - Butterfly Garden

Wetland Restoration

- Rooster Rock - Mirror Lake

what to wear:

Long pants, long-sleeved shirts, gloves, boots.

what to bring:

Lunch, water, rain gear, and your friends and family!

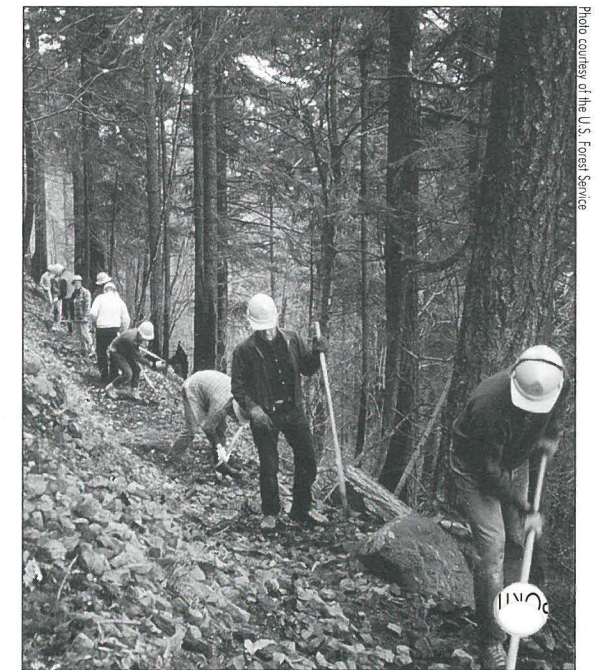


Photo courtesy of the U.S. Forest Service

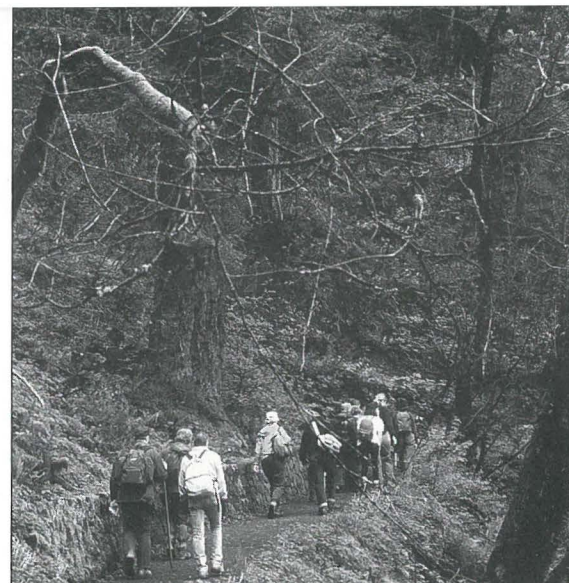
HOW TO RESERVE YOUR SPOT FOR GORGE APPRECIATION WEEK

It's easy:

1. Call Kristin, Friends of the Columbia Gorge, (503) 241-3762. If calling after hours, leave message.
2. Tell us what project and day you are interested in.
3. Leave your name, address and phone number so we can contact you with more details about meeting places and times.

Participating Organizations

- USDA Forest Service
- Oregon Parks and Recreation Department
- Washington State Parks and Recreation
- The New Trails Crew
- Chinook Trail Association
- SOLV (Stop Oregon Litter and Vandalism)



Hiking Information

What To Bring: Lunch, water, first aid kit, insect repellent, sunscreen, sunglasses, hat, rain gear, camera, binoculars. No animals, radios or alcohol.

What To Wear: Long sleeves, long pants recommended. Sturdy hiking shoes, lug-soled and waterproof. No sandals or tennis shoes!

General: Prior sign-up not required except as noted. Children allowed at leader's discretion, but must be accompanied by responsible adult. Participants accept responsibility for own safety. Stay on paths to avoid poison oak and ticks. All mileages are round trip.

Questions: For details on specific hikes, call hike leader. For general information, call Friends of the Columbia Gorge, (503) 241-3762.

Car Pooling: Donation to driver of 5¢ per mile per passenger recommended.

Note: All exit numbers refer to I-84 eastbound. DOT = Department of Transportation parking lot, 1/2 block north of NE 60th and Glisan, Portland.

L&C = Lewis & Clark State Park, Exit 18, then left at end of exit; underpass railroad viaduct; left into parking lot by stone restrooms.

saturday hikes, june 15, 1996

EASY HIKES

Horsethief Lake Indian Rock Art Visit former Wishram Indian village site, pictographs, petroglyphs. 1-mile walk; rocky terrain, heat, ticks, and possibly rattlesnakes. Restricted walk, environmentally sensitive area limited to 30 persons. Call by June 7 for reservations.

WASHINGTON STATE PARKS: Richard Davis (509) 767-1159.

Pool of the Winds 3-mile stroll through forest to Pool of the Winds, site of an Indian legend. Carry water, bring picnic lunch.

NATURE FRIENDS NORTHWEST: Thomas Friedmann (360) 494-9104. Meet 11 AM, Beacon Rock State Park picnic area, .5 mile north of Hwy 14.

Tom McCall Preserve The Nature Conservancy's preserve exhibits great biological diversity. 3 miles, 1000 ft. elevation gain. Please register by calling:

THE NATURE CONSERVANCY: Charlie Quinn (503) 230-1221. Meet 9 AM L&C or 10 AM Rowena Crest Viewpoint, Mosier Exit 69, then east on Scenic Hwy for 6.6 miles.

Elowah and McCord Creek Falls Two very different waterfalls, dramatic basalt cliffs, hanging wildflower gardens. 3.5 miles, 600 ft. elevation gain.

LAKE OSWEGO PARKS & RECREATION: Joan Ziegler (503) 635-7280. Meet 9 AM L&C.

Larch Mt. Historic Logging Railroads Explore abandoned railroad beds; scramble past fallen trestles; loiter to examine campsites and machinery. 6 miles, 500 ft. elevation gain.

MAZAMAS: Bus Gibson (503) 252-4475. Meet 8:30 AM L&C.

Scenic Highway Litter Pickup Multnomah Falls - Oneonta trailhead. Must be 17 or older. Finish by 11 AM; then hike Oneonta Trail to Triple Falls. 6 miles, 900 ft. elevation gain. Bring leather gloves, lunch.

VOLKSWALK - Larch Mt. Loop AVA sanctioned. Walk free or for credit; all must sign in, carry a start card. 6.2-mile walk. Panoramic view of 5 glaciated peaks, old-growth forest. Follow old logging railroad grade to top of the 4055-foot volcano. 1350 ft. elevation gain. Commemorative patches and pins available.

COLUMBIA RIVER VOLKSSPORT CLUB: Dick Koonce (503) 649-7675 or Marge Lucas (360) 574-1998. Start any time 8 AM - 1 PM. Corbett Exit 22; drive up 1.5 miles, turn left (east) on Scenic Hwy for 1.9 miles. Fork right on Larch Mountain Road. 14 miles to parking lot.

MODERATE HIKES

Grassy Pass Wildflower meadows, sweeping views of the Columbia River, Mt. Hood, Mt. Adams, and 300,000 year old lava beds. 6.5 miles, 1500 ft. elevation gain.

MAZAMAS: Richard Getgen (503) 598-8788. Meet 8 AM DOT or 8:45 AM north end of Bridge of the Gods. Cascade Locks Exit 44.

Nesika via Franklin Ridge Hike Larch Mt. Trail to Franklin Ridge Trail; lunch at Trails Club Lodge. Return to Multnomah Creek via Cougar Rock. 9 miles, 1900 ft. elevation gain.

TRAILS CLUB OF OREGON: June Smelser (503) 668-4060. Meet 8 AM L&C or 8:30 AM Multnomah Falls Lodge.

Nestor Peak 8-mile hike in Buck Creek area to fire lookout tower with panoramic Gorge, Cascades views. 2000 ft. elevation gain.

MAZAMAS: Rich Conser (503) 697-4310. Meet 7:30 AM DOT or 8:30 AM Bridge Mart, east of the Hood River Bridge in Washington.

Duncan Creek Hike along Duncan Creek to 180 degree view above the basin at 3000 ft. level. 9 miles, 2000 ft. elevation gain.

MAZAMAS: Richard Thomas (503) 236-2041. Meet 8 AM DOT or 8:45 AM Skamania Country Store near Milepost 33, Hwy 14.

Hamilton Mt. View the Columbia River, Table, Dog, and Wind Mountains. Rodney Falls, Pool of the Winds, Hardy Falls. 8 miles, 2100 ft. elevation gain.

DESERT TRAIL ASSOCIATION: Dan Chamness

Hikes are coordinated by Friends of the Columbia Gorge with these participating organizations:

- Bergfreunde Ski Club
- Cascade Prime Time Ski Club
- Chinook Trail Association
- Columbia River Volkssport Club
- Desert Trail Association
- Friends of Multnomah Falls
- Gifford Pinchot Task Force
- Lake Oswego Parks & Recreation
- Mazamas
- Metro Regional Parks & Greenspaces
- Nature Friends Northwest
- Northwest Museum of Natural History Association
- Oregon Equestrian Trails
- Portland Wheelmen Touring Club
- Ptarmigans
- Sierra Club, Columbia Chapter
- Sierra Club, Loo-Wit Chapter
- The Nature Conservancy
- Trails Club of Oregon
- Tryon Creek Daytrippers
- Washington State Parks
- Washington Trails Association
- World Forestry Center

Special thanks to Julia Ferreira, hike coordinator; Helene & Roger Farnen, brochure distribution.

Silver Star via Chinook Trail 9-mile hike on new section of Chinook Trail to 4390-ft. alpine-like summit of Silver Star. 2300 ft. elevation gain.

CHINOOK TRAIL ASSOCIATION: Ted Klump (360) 695-7149. Meet 8 AM south end of Safeway parking lot, Main St., Battleground, WA.

Wyeth Trail Forested, well-graded, steep trail with views and flowers. Moderate pace. 8-9 miles, 2500 ft. elevation gain.

saturday hikes, june 15, 1996

STRENUOUS HIKES

Steep, rugged trails, high elevation gains. Excellent physical conditioning required.

Devils Rest 9-mile hike up Multnomah Creek, through the 1991 burn, old growth, to Devils Rest. Descend via Foxglove Trail. 2400 ft. elevation gain. Car shuttle return.

FRIENDS OF MULTNOMAH FALLS: Ron Goodwin (503) 761-4751. Meet 8:45 AM Gresham City Hall MAX lot or 9:30 AM Multnomah Falls Lodge by the sign.

Indian Point Loop 9-mile hike follows Gorton Creek Trail up from Herman Camp to unique Gorge viewpoint. Loop return down Nick Eaton Ridge. 2600 ft. elevation gain.

MAZAMAS: Chuck Carson (503) 659-8394. Meet 8 AM DOT or 9 AM Charburger, Cascade Locks Exit 44.

Wygant Mt. Loop 12-mile hike to Gorge high points, abundant flowers, superb views. Some cross-country scrambling. 2200 ft. elevation gain.

MAZAMAS: Gerry Van Deene (503) 669-0778. Meet 8 AM L&C or 8:45 AM Mitchell Point Rest Area, Exit 58.

Dog Mt. Loop Steep ascent through forest to an alpine landscape. 8 miles, 2900 ft. elevation gain.

TRYON CREEK DAYTRIPPERS: Ray Hayden (503) 253-9856. Meet 8:30 AM L&C or 9:45 AM trailhead, 12.5 miles east of Bridge of the Gods on Hwy 14 in Washington.

BIKE TRIP

Multnomah Falls and Beyond Bike the Scenic Highway to Crown Point, Multnomah Falls, and Ainsworth State Park. Flat return option; 42-mile ride.

PORTLAND WHEELMEN TOURING CLUB: Paul Roscoe (503) 234-2732. Meet 8:45 L&C.

HORSE TRIP

Sandy River Delta Explore the Sandy River Delta by horseback. Lunch by the Columbia River. NO RENTAL HORSES AVAILABLE! 6-8 miles riding distance.

OREGON EQUESTRIAN TRAILS: Bonnie Stockman and Valerie Lantz (503) 655-6286. Call for directions. Meet 10 AM.

sunday hikes, june 16, 1996

EASY HIKES

Wahclella Falls 3-mile hike for the whole family. Bridges, waterfalls, trout and sturgeon viewing ponds. 300 ft. elevation gain.

CASCADE PRIME TIME SKI CLUB: Bob Miller (503) 286-3665. Meet 10 AM Bonneville Fish Hatchery parking lot. Exit 40, turn north at end of exit, follow signs to fish hatchery.

Latourell Falls 3-mile loop hike with 2 waterfalls and several footbridges. Views, wildflowers, spectacular cedar grove with interesting nurse tree. 600 ft. elevation gain.

WORLD FORESTRY CENTER: Phyllis Towne

Geology of the Eastern Gorge 3-mile hike south from Tom McCall Preserve to view Gorge geology and ecology. 1000 ft. elevation gain. Continue to The Dalles; optional return on Washington side.

NORTHWEST MUSEUM OF NATURAL HISTORY ASSOCIATION: David Cordero (360) 577-8626. Meet 7:45 AM L&C or 9 AM Rowena Crest Viewpoint, Mosier Exit 69, then east on Scenic Hwy for 6.6 miles.

Dry Creek Falls 5-mile hike on Oregon's Pacific Crest Trail to forgotten waterfall, basalt cliffs below Benson Plateau. 750 ft. elevation gain.

MAZAMAS: Rose Marie Gilbert (503) 762-2357. Meet 9:30 AM at Museum in Cascade Locks' Marine Park, Exit 44.

Triple Falls Loop 6-mile hike past basalt cliffs, overlooks, and 3 spectacular waterfalls: Horsetail, Ponytail, and Triple Falls. 900 ft. elevation gain.

TRYON CREEK DAYTRIPPERS: Betsy Willson (503) 697-3218. Meet 8 AM DOT or 8:30 AM L&C.

VOLKSWALK - Larch Mt. Loop AVA sanctioned. See Saturday description.

MODERATE HIKES

Little Baldy Spectacular alpine setting, wildflowers and open vistas atop 3985 ft. Little Baldy. 5 miles, 800 ft. elevation gain; some rough terrain.

WASHINGTON TRAILS ASSOCIATION: Don Seaman (360) 687-0691. Meet 9 AM at McDonalds parking lot, south side of Main St., Battle Ground, WA.

Wygant Trail/Chetwoot Loop Hike old Scenic Hwy, oak woodlands to spectacular views of the Columbia River. Return via Chetwoot Trail. 6.2 miles, 1200 ft. elevation gain. Poison oak — wear long pants.

SIERRA CLUB, LOO-WIT GROUP: Joe Sunthimer (360) 253-9619. Meet 9 AM Mitchell Point Rest Area, Exit 58.

Angels Rest 5-mile hike along tumbling creek to spectacular rocky outcroppings 1600 feet above the Columbia River.

SIERRA CLUB, COLUMBIA GROUP: Karen Ashford (503) 494-3216. Meet 1 PM DOT or 1:30 PM at trailhead. Bridal Veil Exit 28, then proceed to junction with Scenic Hwy. Park in gravel lot on right.

Visit to High Valley Tour "the Switzerland of the United States." Phoenix Reid and Bob Pullman will show off meadow and highland trails. Various distances, elevations and terrains.

MAZAMAS: Roy Stout (503) 253-8170. Meet 8:30 AM DOT or 9 AM Pendleton Woolen Mills parking lot, Washougal, WA.

Larch Mt. in Washington From Grouse Vista, hike 6 miles to beargrass meadows and far-ranging views of the western Gorge. 1500 ft. elevation gain.

GIFFORD PINCHOT TASK FORCE: Tom Gordon (360) 835-7748. Meet 8:30 AM Pendleton Woolen Mills parking lot, Washougal, WA.

Aldrich Butte/Crest Trail Loop Hike to a former fire

LAKE OSWEGO PARKS & RECREATION: Ron Christensen (503) 636-5808. Meet 9:15 AM DOT or 10:15 AM N. Bonneville Dam Visitors Information Center off Hwy 14.

Three Corner Rock Hike remote section of Pacific Crest Trail in Washington to impressive rock pinnacle. 360-degree views of 5 glaciated peaks. 8.5 miles, 1900 ft. elevation gain.

MAZAMAS: Heather Rosenwinkel (503) 244-9016. Meet 8 AM DOT or 9 AM Historical marker, north end of Bridge of the Gods.

Eagle Creek 13 miles, 1200 ft. elevation gain. Punchbowl, Tunnel and Crossover Falls accent this spectacular trail. Not advisable for children.

TRAILS CLUB OF OREGON: Mel Taylor (503) 639-9160. Meet 8:15 AM L&C, or 9 AM trailhead, Eagle Creek Exit 41.

STRENUOUS HIKES

Steep, rugged trails, high elevation gains. Excellent physical conditioning required.

Greenleaf Peak Traverse Birkenfeld Mountain to summit of Greenleaf Peak. 11.5 miles, 2500 ft. elevation gain. Sports vehicles with good tires needed for drive to trailhead.

MAZAMAS: Charlotte and Frank Head (503) 253-4632. Meet 7:30 AM Parkrose K-Mart, NE 122nd & Sandy, NW corner of parking lot, or 8 AM Beacon Rock Rest Area, Milepost 35 on Hwy 14.

Nick Eaton Ridge Loop Hike steep trail to wildflower gardens and superb viewpoint. Return down Gorton Creek Trail; side trip to Indian Point. 8 miles, 3000 ft. elevation gain.

BERGFREUNDE SKI CLUB: Capt. Bob Lubach (503) 284-5196. Meet 9 AM Burns Brothers Truck Stop, Troutdale Exit 17, by Mrs. B's Restaurant, or 9:45 AM Columbia Gorge Work Center, 2 miles east of Cascade Locks.

Table Mt. Rugged hike to flat-topped summit of this Gorge sentinel. Spectacular views, abundant wildflowers. 9 miles, 3250 ft. elevation gain.

MAZAMAS: Jim Wallace (503) 640-2090. Meet 7:30 AM DOT or 8:15 AM Beacon Rock Rest Area, Milepost 35 on Hwy 14.

Mount Defiance Climb the highest point in the Gorge. 4900 ft. elevation gain, but majestic panorama makes it all worthwhile. Ascend via Starvation Ridge; descend via Mt. Defiance Trail for 14-mile loop.

PTARMIGANS: Doug Brown (503) 255-5960. Meet 7 AM Troutdale Mall, Exit 17, or 8 AM Starvation Creek Rest Area, Exit 55.

RAFT TRIP

Sandy River Raft Trip Paddle yourself in our 4-person rafts. All day 11-mile trip with Oxbow Park Naturalist. Reserve space by May 31. \$25 per person.