

Trailhead Ambassadors 2018

Timberline Lodge: Alternative Hikes

Zigzag Ranger Station (503-622-3191)

- Open seven days a week
- Hours: 8am – 4pm (closed 12pm-1pm for lunch)
- Information, maps, and parking passes available here

Timberline Lodge also has maps and books for sale.

NOTE: An asterisk indicates a trailhead that requires a Northwest Forest Pass.

Trails West of Government Camp

Wildwood Recreation Site

- The Cascade Streamwatch Trail is an accessible family-friendly 3/4-mile paved loop that includes a fish viewing window below stream level.
- The Wetlands Trail is an accessible family-friendly 3/4-mile loop trail
- \$5 day use fee
- From Timberline Lodge: Drive down to Highway 26 and turn right. Continue 14.1 miles west on Highway 26 and it will be on your left.

Old Salmon River Trail*

- Easy family-friendly trail along the Salmon River features big trees and rocky beaches.
- 4.2 miles out-and-back to Green Canyon Campground (you can make it shorter by turning back sooner, or make it longer by continuing past the campground).
- From Timberline Lodge: Drive down to Highway 26 and turn right. Drive 11.9 miles west on Highway 26, turn left on Salmon River Road, drive 2.7 miles to the Old Salmon River Trailhead on your right.

Salmon River Trail*

- First two miles follows the river before beginning to climb. At 3.6 miles a viewpoint high above the river canyon makes a good turnaround point
- 4 miles out-and-back along flat section, or 7.2 miles out-and-back (900' elevation gain) to viewpoint.
- From Timberline Lodge: Drive down to Highway 26 and turn right. Drive 11.9 miles west on Highway 26, turn left on Salmon River Road, drive 4.9 miles to the trailhead parking area just before the bridge crosses the river.

Burnt Lake*

- Hike through a beautiful forest to a lake with a view of Mt. Hood. Very popular and busy trail.
- 6.8 miles out-and-back, 1500' elevation gain.
- From Timberline Lodge: Drive down to Highway 26 and turn right. Drive 11.8 miles west on Highway 26, turn right on Lolo Pass road and drive 4.2 miles, then turn right onto Road 1825 and drive 0.7 miles before turning right to cross the Sandy River, then drive 2 miles to Lost Creek Campground where you will stay left on a gravel road for 1.4 miles to road's end and the trailhead.

Ramona Falls*

- Pleasant forested hike to a beautiful waterfall. Very popular hike. NOTE: There is no footbridge over the Sandy River. Many logs are available , but use extreme caution!
- 7.3 mile loop, 1000' elevation gain.
- From Timberline Lodge: Drive down to Highway 26 and turn right. Drive 11.8 miles west on Highway 26, turn right on Lolo Pass road and drive 4.2 miles, then turn right onto Road 1825 and drive 0.7 miles before turning right to cross the Sandy River, continue 1.7 miles on Road 1825 then turn left for 0.5 mile to the trailhead at road's end.

Hidden Lake*

- Forested hike to a small lake with no views and very few people.
- 4.2 miles out-and-back, 700' elevation gain.
- From Timberline Lodge: Drive down to Highway 26 and turn right. Drive 5.6 miles west on Highway 26, turn right on Road 39 and drive 2.1 miles to the Hidden Lake Trailhead on the left.

Mirror Lake*

- Short hike to a nice lake with a view of Mt. Hood. Extend your hike by continuing on to the top of Tom, Dick, and Harry Mountain with 360-degree views.
- Mirror Lake: 3.2 miles out-and-back, 700' elevation gain. TDH Mountain: 6.5 miles out-and-back, 1500' elevation gain.
- From Timberline Lodge: Drive down to Highway 26 and turn right. Drive Highway 26 west for 5.6 miles until you reach 39 Road, where you will need to turn around and head eastbound (a highway divider prevents you from accessing the trailhead parking on the eastbound side of Highway 26). Drive 3.1 miles back up Highway 26 (eastbound) until you reach the trailhead parking on your right.

Beyond Government Camp

Twin Lakes

- Hike a section of the Pacific Crest Trail to two small lakes.
- 5.6 miles round-trip to visit both lakes, 800' elevation gain.
- From Timberline Lodge: Drive down to Highway 26 and turn left. Drive east on Highway 26 for 6.5 miles and turn left into the Frog Lake Sno Park, which is the trailhead.

Umbrella and Sahalie Falls Loop*

- Family-friendly hike near Mt. Hood Meadows passes two waterfalls and includes summer wildflowers.
- 4.4-mile loop, 800' elevation gain.
- From Timberline Lodge: Drive down to Highway 26 and turn left. Drive east on Highway 26 for 1.8 miles, then follow signs for Highway 35 north, after 7.5 miles then turn left at a sign for Elk Meadows Trailhead, which will be 0.3 miles down that road on the right.

Elk Meadows*

- Hike to a meadow with a nice view of Mt. Hood. NOTE: There is no bridge across Newton Creek. Use caution when crossing!
- 6 miles round-trip, 1230' elevation gain.
- From Timberline Lodge: Drive down to Highway 26 and turn left. Drive east on Highway 26 for 1.8 miles, then follow signs for Highway 35 north, after 7.5 miles then turn left at a sign for Elk Meadows Trailhead, which will be 0.3 miles down that road on the right.

Tamanawas Falls

- Family-friendly hike follows a pretty creek upstream to a 100-foot-tall waterfall.
- 3.8 miles round-trip, 500' elevation gain.
- From Timberline Lodge: Drive down to Highway 26 and turn left. Drive east on Highway 26 for 1.8 miles, then follow signs for Highway 35 north, drive 15 miles to the Tamanawas Falls Trailhead which will be on your left.